

How CSA Programs Work

Community Supported Agriculture (CSA) shares give you a direct connection with our farm where your vegetables are grown and with the farmers who grow them. We give you fresh, delicious, organic produce throughout the growing season.

By buying shares of the future harvest while the ground is still frozen, you allow us to purchase the seeds and equipment needed in the spring. Once the season begins, usually by mid-June, we harvest fresh vegetables for you to enjoy each week, or bi-weekly if preferred, until mid-October. The produce available will change each week based upon what's in season.

Members thus agree to share the risks as well as the bounty of the harvest, allowing our farm managers to focus on growing. That is what we do best!

In using farming practices that respect the land as a living entity we hope to create a better world for future generations.



Aric Aguonie of Earth Haven Farm

What is a CSA?

CSA stands for Community Supported Agriculture. Becoming an Earth Haven Farm CSA member gives you a direct relationship with us, your farmers! Your membership provides you with much more than the weekly joy of receiving ultra-fresh, organic and locally grown produce. It provides you with education, the opportunity to try new foods, and pride in the knowledge that you are reducing your environmental footprint and directly contributing to sustainable, organic farming within a short drive from where you live. Members are encouraged to bring their own bags, baskets or containers to take the bounty home.



We use only sustainable organic and biodynamic farming practices Demeter Certified, since 2008

For more information on how we farm, workshops, seasonal availability and more, visit us at

EARTH HAVEN
FARM

1619 Vanderwater Road,
Thomasburg, Ontario, K0K 3H0
613-478-3876
info@earthhaven.ca
www.earthhaven.ca



Join Our CSA Program!

From our fields to your table



EARTH HAVEN
FARM

Earth Haven's CSA program makes eating local affordable, convenient and satisfying. Our fresh and tasty organic produce is grown with utmost attention to nutritional value and agricultural integrity.

How Our CSA Program Works

Earth Haven Farm CSA program is a rewarding experience that includes a weekly or bi-weekly box of freshly harvested organic produce, containing 7 to 12 items, depending on share size. Produce changes throughout the growing season.

Small Size - Suitable for a single person or couple with minimal produce requirements. The average worth of the small share size is \$24.50.
9 week bi-weekly program \$220
18 week weekly program \$440

Regular Size - Ideal for a vegetarian, a couple, or a small family. The average worth of the regular share size is \$34.50.
9 week bi-weekly program \$312
18 week weekly program \$624

Large Size - Ideal for families that love their greens, for vegetarians, juicers, cooks and people that like to entertain. Large share sizes can be pre-ordered for specific weeks and would be worth \$44. (You would pay an extra \$10 for the share that week).



(an example of a regular sized share)

Value Added Additions

Over and above your CSA box, we offer the following items to you at an extra cost, pending availability. These items are paid for at time of pick-up or delivery.

Preserves, and frozen foods (excluding meat) may be ordered at a discounted price for CSA members starting from the day you receive your first CSA share until the day you receive your last CSA share. What is available will be posted on our website or you can inquire to info@earthhaven.ca

Like our many other customers, we invite you to feel free to order bulk produce when in season. Your weekly or bi-weekly box will allow you to know what we have. Feel free to order extra tomatoes, berries, greens, squash, potatoes, etc.

Grass Fed Beef - From purebred Scottish Highland Cattle who are 100% grass fed, free of hormones and antibiotics. We do not butcher on a regular basis, so meat is not always available and, when it is, it is in high demand. Quantities and cuts of meat are limited.

Our seedling sale returns this year with organic starts for your garden. Stay tuned to dates and times when the seedlings will be available. You can preorder your seedlings by contacting Aric or Emily at info@earthhaven.ca

Our food sovereignty project was a great success last year, so we will be offering this event again this coming year and invite you to come out and learn about how to plant, grow and harvest a three sister's garden (corn, beans, squash). At the end of the season you will be able to take away part of the harvest along with seeds to grow your own garden or share with others.

Getting back to basics. Earth Haven Farm will be offering a wide variety of educational workshops throughout the coming year. Check out the calendar on our website or follow us on social media to stay informed as to what is being offered.

How to Join Our Program

Contact us and we will send you an agreement form. Let us know if you would prefer a hard copy or an email version.

Option A – contact Emily VanderWey, CSA Manager at emilyvanderwey@gmail.com and indicate that you are interested in joining our CSA program. Please provide your contact information.

Option B – Visit our website at www.earthhaven.ca and fill out the contact form indicating that you are interested in joining our CSA program.

Option C – Complete the information form below and send it in the mail.

First Name: _____

Last Name: _____

Address: _____

City: _____ Province: _____

Postal Code: _____

Home Phone: _____

Cell Phone: _____

Email: _____

Send to:

Earth Haven Farm
1619 Vanderwater Road, R. R. #1
Thomasburg, Ontario, K0K 3H0

Pick up and/or delivery days and locations are still a work in progress, depending upon location of customers, etc. Payment is required at the time you sign up to become a member. We accept cash, cheque or e-transfer. Installments can be arranged.